

April
2026

NEWSLETTER

We will not regret the past nor wish to shut the door on it

From
Our DCM



April is shaping up to be an absolutely exciting and action-packed month! Area 68 is gearing up for a fantastic mock conference in Brownwood, TX from the 10th–12th—a great opportunity for fellowship, learning, and connection. One of the big highlights we’re all looking forward to is finding out whether District 2’s October assembly will be a voting assembly or not—definitely something to keep on your radar!

And the excitement doesn’t stop there—District 2 is having our picnic on the 25th of this month, and you won’t want to miss it! The flyer is located in the newsletter. Come out, relax, and enjoy some great food, fellowship, and fun. Our Alt DCM Steve C. has put in a ton of effort to bring live music and a fresh, upbeat vibe to the event, and it’s really coming together in a special way.

We’re also thrilled to welcome Mary T., our Alternate Area Chair, as our guest speaker. We can’t wait to hear her powerful message of experience, strength, and hope—it’s sure to be inspiring. Please come be part of it!

And lastly If you are curious on how to host or have ever hosted an area event please come join us Sunday May 3rd at 2pm. The assembly committee will be discussing the next steps for the assembly being hosting by district 2 in October. There are still positions available if you are looking for service work!



STEP 4

“Made a searching and fearless moral inventory of ourselves.”



What Can I Surrender in this Step?

- 1.) Fear of looking at who I was, and
- 2.) Any desire to regret the past

SPIRITUAL PRINCIPLE
Courage

Step Summary:

Page 64 in the Big Book starts by comparing a personal inventory to a business inventory. In the first full paragraph of page 64, it says, “Therefore, we started upon a personal inventory. A business which takes no regular inventory usually goes broke. Taking a commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret.”

The whole point of a business inventory is to identify a company’s liabilities and its assets. They identify their liabilities (those things that are no longer selling – or working for them) so they can remove them from the shelves to make room for more assets (those things that will sell – or work for them). Taking a personal inventory is no different. We searched out the flaws in our make-up which caused our failure. Being convinced that self (not alcohol but self), manifested in various ways, was what had defeated us, we considered its common manifestations. We had to get down to causes and conditions.

A solid Fourth Step inventory where we take stock of the manifestations of self-will is divided into three (3) parts:

- 1.) Our Resentments (or “grudge list” as Bill calls it)
- 2.) Our Fears
- 3.) Our Sex Conduct (and harm done toward others in this area)

The Fourth Step is NOT about finding out who we ARE, it’s about finding out who we are NOT, so with God’s help, we can be rid of it and who we ARE will then shine through. That’s another reason why “selfknowledge avails us nothing.” We need to find out what GOD wants us to be.

In our Fourth Step inventories we will discover, for the most part, that our troubles were of our OWN making. We will see how we played a part in every resentment and fear we’ve ever had and how our conduct has harmed others. These are the very things that have blocked us from God, which is the ONLY Power that can remove the alcoholic obsession.

**The One Thing I Need To Know About Step 4:
It’s About Causes & Conditions**



TRADITION 4

PRINCIPLE
Autonomy

Short Form

“Each group should be autonomous except in matters affecting other groups or AA as a whole.”

Long Form

“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.”

Tradition Summary

OUR DECISIONS AFFECT OTHERS

For too long, I thought I was autonomous in my own right; this is also called being self-centered or selfish, with “self-will run riot.” This Tradition helps me understand that I cannot take any actions harmful to others without dire consequences to myself. I learned that nothing was really good unless other people also were considered. If I don’t seek the advice and help of others in matters affecting them, then I again become God in my own life, the exact nature of my wrongs.

The one word that characterizes the fourth tradition is the word “decisions.” This tradition teaches me how to make decisions and maintain good relationships with God and you at the same time. The traditions show us how to get along with each other. The second half of the fourth tradition teaches me to consult others when I make decisions that affect them.

I am not to be a dictator in making decisions that affect other people’s lives (or the community) as I did when I was drinking. I need help from others, especially in matters affecting them. My goal is unanimity. <I repeat> If I don’t seek the advice and help of others in matters affecting them, then I again become God in my own life, the exact nature of my wrongs.

Overriding Idea of Tradition 4:

Our decisions affect others.





Step Tradition Parallel

PRINCIPLE
Autonomy

If I don't seek the advice and help of others in matters affecting them, then I again become God in my own life, the exact nature of my wrongs. The steps help to restore my relationship with God (through inventory among other things) and the traditions show me how to get along with God (and others). I was God in my own life. I was a dictator. With others, I was just the opposite. I sought their approval. The fourth tradition solves this dilemma: I seek to be one with God and to be one with others about matters affecting them. There are certain things that must be done alone with God, such as writing inventory. Writing inventory is an autonomous function. Interesting parallel.

(Excerpts from the text above come from the Traditions Study developed by the Unity Insures Recovery Through Service A.A. Group, Los Angeles, CA.)

Tradition 4 Illustrated

The Fourth Tradition
Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

There are all kinds of groups...
Little groups...



and big groups...



and off-beat groups...



But wherever two or more alcoholics are gathered together to practice A.A. principles, it is an A.A. group if they say it is.



And you are a member if you say you are!

A member who does any amount of traveling finds the A.A. spirit much the same everywhere. But apart from this inward kinship, there are vast differences among groups. Here, the traveler finds three members discussing the Steps in somebody's living room; there, 300 listening to speakers in a church auditorium. In one part of the U.S., respectful silence greets the speaker who begins, "My name is Ann, and I am an alcoholic." In another, everybody happily shouts, "Hi, Ann!" And in many other places, she may introduce herself with her full name—at a one-hour meeting or a 90-minute meeting. In each neighborhood in every part of the world reached by A.A., the local group is free to work out its own customs.

As always, freedom brings responsibility. Because each group is autonomous, it's up to each group to avoid any action that might harm A.A. And there have been such actions—or this Tradition would be unnecessary. "Implicit throughout A.A.'s Traditions," Bill W. wrote, "is the confession that our Fellowship has its sins. We admit that we have character defects as a society and these defects threatens us continually."

Blown up to multiple size, the Big Ego may inspire one group to take over all the public information work for its area, without consulting any of the other local groups. Once the group has decided, "We have all the answers," the lid's off. The group may then decide that, let's say, the Eleventh Tradition is an outdated technicality: "This is a competitive age! We're going to come right out and give A.A. some good, vigorous promoting!" To the general public, this one conspicuous group is A.A. Its antics reflect, not only on the ignored neighboring groups, but on the entire Fellowship.

In a way, the Fourth Tradition is like the Fourth Step: It suggests that the A.A. group should take honest inventory of itself, asking about each of its independently planned actions, "Would this break any Tradition?" Like the individual member who chooses to make the Steps his or her guide toward happy sobriety, the wise group recognizes that the Traditions are not hindering technicalities—they are proved guides toward the chief objective of all A.A. groups....



CONCEPT 4



PRINCIPLE
Participation

Short Form

At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

Long Form

“Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.”

simplify.

One Thing You Need to Know:

Trusted Servants Have a Right of Participation

This Concept basically tells us that there should always be a right to vote and debate (discuss) by certain world trusted servants equal to the job they perform.

No organizational charts here.

The idea of “participation” can usually stop the misapplication or misuse of final authority, while reminding us at the same time that the “spiritual corporation” of A.A. should never include any members who are regarded as “second class.”

HAVE INFO FOR THE
NEWSLETTER?

Send it to: ReBecca Germer

 rsgerber@yahoo.com

(830) 369-2815

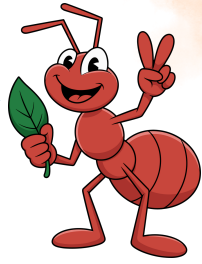
Visit our

WEBSITE

www.aa68district2.org



Local Events





DISTRICT 2
Happy, Joyous & Free
ANNUAL PICNIC



Family Friendly
Games & Swimming
Food
Speaker

Schedule:

10:00-11:00am: Set-up and music by Dylan Gully.

11:00am: Speaker, Mary T., Round Rock, TX.

12:30-1:30pm: Lunch and dessert.
Main entree provided by District.
Please bring side dishes and desserts if you choose.

1:30-4:00pm: Cornhole Tournament, Fun & Games.
Music by Dylan Gully.

4:00-Dark: Whatever floats your boat.
There is Guadalupe River access.

Saturday, April 25th
Cypress Bend Park Pavilion
503 Pease Ave., New Braunfels
10am - 4pm

Sharing experience, strength, and hope.
Fun, fellowship, and games!
We absolutely insist on enjoying life.

Want to get involved or have questions? Steve C.
512-983-3486

NEW MEETING

NEW BRAUNFELS GROUP

TOPIC MEETING

6:15 a.m.

*Mondays
&
Wednesdays*

in the

RECOVERY ROOM

Behind the 2-4 Club

Beginning May 4



BACK TO BASICS WORKSHOP

COMPLETE 11 STEPS IN ONE MONTH

The Month of June is Open!

Don't just study the steps—live them. Join us for an intensive, action-oriented journey through the 12-step program.

WHEN: Every Tuesday in June

TIME: 6:00 PM – 7:00 PM

WHERE: 24 CLUB | 1142 Eikel St., New Braunfels

WHAT TO BRING: Please bring your 4th Edition Big Book. All other materials will be provided.

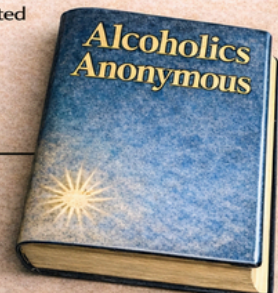
SPONSORSHIP: All attendees must be accompanied by a sponsor who has previously completed the workshop.

Don't have a sponsor? No problem! We have plenty of willing 12-Steppers ready to take you through the process the Back-to-Basics way.

BACK TO BASICS WORKSHOP
COMPLETE 11 STEPS IN ONE MONTH

QUESTIONS? Text Patty K. at 956-874-3954 or Email backtobasicsaa244club@gmail.com

QUESTIONS? Text Patty K. at 956-874-5954 or Email backtobasicsaa24club@gmail.com



SCAN TO REGISTER:



Local Events

NEW MEETING TIME!



NEW BRAUNFELS GROUP

TUESDAYS & THURSDAYS

3:00 PM

**1142 EIKEL STREET
TOPIC MEETING**

BEGINNING ON MARCH 3RD

Join Us For The 20th Annual
PRIMARY PURPOSE GROUP
20th Anniversary
BARBEQUE
Tuesday, April 21st
Dinner @ 6pm Meeting @ 7pm

Welcoming
★ **Gail L.** ★
For an
★ Incredible Presentation ★
on how
Alcoholics Anonymous
Came About
2701 South Lamar Blvd,
Austin, TX



Visit our
WEBSITE

www.area68district2.org



RECOVERY 20 TAKEOVER 26

MOHAWK | MARCH 21 | DOORS 4PM | MUSIC 5PM | ENDS 9PM

PRESENTED BY GLAD YOU MADE IT | POWERED BY RISE RECOVERY SERVICES | BENEFITTING SIMS FOUNDATION & RECOVERYATX

ALL AGES | RAIN OR SHINE | ZERO ALCOHOL

OUTSIDE | INSIDE

ALIEN ANT FARM | **ELEKTRIC ANIMALS**
SKATING POLLY | **SAM EHRNSTEIN**
NOLO | **DOSSEY** | **CYNTHIA WELCH**

ART

PEELANDER-YELLOW | **SKELE**
RABBITSNAKE | **JONATHAN HIEBERT**
JUAN & ROSEMARY VILLEGAS
KYLE DUCE | **TERYN SCAFF**

Blanco Spiritual Retreat

Oct 9th - 11th 2026

OUR 38TH RECOVERY FAMILY EVENT

COME JOIN US FOR FELLOWSHIP, CAMPING, SWIMMING, FISHING, MEETINGS, AA & AL-ANON SPEAKERS, RAFFLE, FOOD AND GAMES FOR THE WHOLE FAMILY!!

\$20 Registration fee per person (pay @ time of entrance)
 3 meals included. Daily Entrance Fee to Blanco State Park-Adult \$5, Child 12 and under free

Speakers
 AA - Fri 7p.m. Billy D. / Sat 7p.m. TBD
 Al-anon - Sat 2p.m. TBD

Meetings
 Campfire meetings Fri & Sat 9p.m. ish
 Saturday - 10a.m. Men's and Women's morning meetings

Meals
 Friday Evening - 5:30p.m. Chili Dogs
 Saturday Morning - 8.30a.m. Breakfast Tacos
 Saturday Evening - 5:30p.m. BB Dinner

Bake Sale
 Bring your finest baked goods to help us raise money to keep bringing the BSR back each year!! Saturday at noon.

Raffle
 Raffle items will be on display all day Saturday w drawing to be held after Speaker Meeting (8p.m. ish). To donate NEW items, gift cards or cash donations please contact a BSR Committee Person.

Blanco State Park

Reserve by phone... (512)-389-8900

101 Park Road Blanco, TX 78606

For Camping or Shelter Reservations contact Park directly Reservations open MAY 9th

Make Reservations online @ texasreserveamerica.com

Dogs Welcome on Leash w/ Proof of Vaccination

RETREAT INFO & SERVICE OPPORTUNITIES

Beverly H 713-417-0534
 Vicky M 956-458-8492

HAVE INFO FOR THE NEWSLETTER?

Send it to: ReBecca Germer
 rsgermer@yahoo.com
 (830) 369-2815

SPIRIT ON THE RIVER

June 4-7, 2026

KL Ranch Cliffside | 5300 River Road | New Braunfels, TX 78132

If you have any questions, feel free to contact Jenna T. 281-788-1833

- Thurs. 6/4 8pm** Open Discussion | Jenna T. | Happy Hour Group
- Friday 6/5 7:30am** Bike Run | Roy V. | Back2It Group
- 9am** Open Discussion | Tefany M. | Bada Big Book Group
- 6pm** "Dam" Meeting | Sarah E. & Rosemary L. | Happy Hour/Zoom Group (Sites 12 & 13)
- 7:30pm** Speaker | Summer O. (2 yrs) | New Braunfels Group
- 9pm** Speaker | Pat C. (9 yrs) | Houston We Have a Solution Group
- Saturday 6/6 7:00am** Morning Meditation & Hike | Rosemary N. | Hobbs Original Group
- 9am** Open Discussion | Alan V. | Night Owls Group
- noon** Water Meeting | Roy V. | Back2It Group
- 6pm** Community Dinner (please bring a side dish or dessert to share)
- 7:30pm** Speaker | Josh B. (8 yrs) | Alamo Group
- 9pm** Speaker | Meleigh C. (6 yrs) | W TX Primary Purpose Group (Odessa)
- Sunday 6/7 7:00am** Morning Meditation & Hike | Rosemary N. | Hobbs Original Group
- 8:30am** River Trash Meeting | Jay S. | Young, Wild & Free Group (location done by the river)

To reserve your spot, call KL Ranch Cliffside at 830-626-3663

*Location of meetings will be at sites 12 & 13

Look for us on Facebook!
 "Spirit On The River 2026"

Please note: NO PETS or ESA's allowed!! Service animals must be registered!

Daily Rates for KL Camp
 \$5/person for a day from 5am-9pm
 Weekend Permits:
 Thurs-Sun = \$42 adults-\$24 kids (3-12)
 Fri-Sun = \$25 adults-\$16 kids (3-12)
 Sat-Sun = \$14 adults-\$5 kids (3-12)
 May come and go except from 12a-5am (may go out, just not come in)

GOD GRANT ME THE SERENITY
 To accept THE THINGS I CANNOT change, THE COURAGE TO change THE THINGS I CAN, and the WISDOM TO KNOW THE DIFFERENCE.